



INSPIRING  
**Healthy Living**  
BY *Juice* PLUS+



*Juice* PLUS<sup>®</sup>+

**Inspiring Healthy Living  
Around the World**

# How to Bridge the Nutritional Gap



# Smart and Easy



# Juice Plus+

Juice Plus+® helps you “bridge the gap” with concentrated whole food-based nutrition from a wide variety of fruits, vegetables, and grains.



APPLE



ACEROLA CHERRY



ORANGE



PINEAPPLE



CRANBERRY



PAPAYA



PEACH



Orchard Blend



BEEF



TOMATO



SPINACH



BROCCOLI



CABBAGE



PARSLEY



CARROT



KALE



OAT BRAN



BROWN RICE BRAN



Garden Blend



CRANBERRY



ELDERBERRY



BLACK CURRANT



BLACKBERRY



BLUEBERRY



RED CURRANT



Vineyard Blend



RASPBERRY



BILBERRY



CONCORD GRAPES

# Juice Plus+ is Clinically Proven



- \* Bioavailable (18)
- \* Reduces Oxidative Stress (12)
- \* Supports Immune System (4)
- \* Helps Protect DNA (3)
- \* Supports Cardiovascular Wellness (9)
- \* Reduces Systemic Inflammation (3)
- \* Supports Healthy Skin (2)
- \* Supports Healthy Gums (1)

# The Most Researched Nutritional Product in the World

## Our Research Affiliates

**Academic Centre for Dentistry, Amsterdam, Holland**

**Brigham Young University**

**Charité University Medical Centre, Berlin, Germany**

**Georgetown University**

**Heinrich Heine University, Düsseldorf, Germany**

**Kings College, London, England**

**Medical University of Graz, Austria**

**Medical University of Vienna, Austria**

**Tokyo Women's Medical University, Japan**

**University of Arizona**

**University of Birmingham, England**

**University of California, Los Angeles**

**University of Florida**

**University of Maryland School of Medicine**

**University of Milan, Italy**

**University of Mississippi Medical Center**

**University of North Carolina-Greensboro**

**University of South Carolina**

**University of Sydney, Australia**

**University of Texas Health Science Center**

**University of Texas/MD Anderson**

**University of Witten-Herdecke, Germany**

**University of Würzburg, Germany**

**Vanderbilt University School of Medicine**

**Wake Forest University (with NCI-National Institutes of Health)**

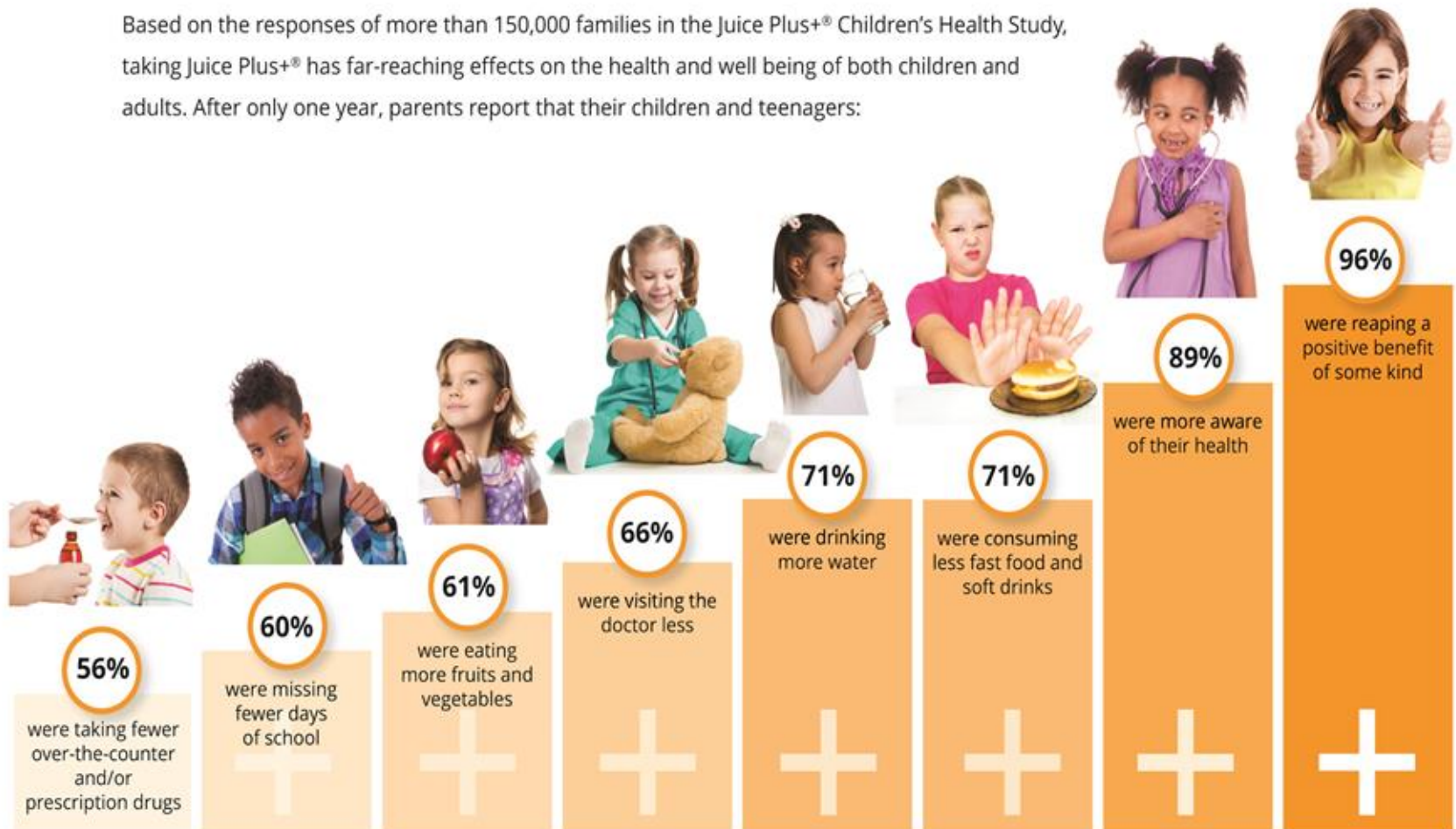
**Yale University-Griffin Hospital Prevention Research Center**

# Juice Plus+ Children's Health Study

## "Kids' Eat Free"

More than 150,000 participants in our Children's Health Study confirm that Juice Plus+® is a springboard to better health.

Based on the responses of more than 150,000 families in the Juice Plus+® Children's Health Study, taking Juice Plus+® has far-reaching effects on the health and well being of both children and adults. After only one year, parents report that their children and teenagers:





# What does Health look like to You?







NEW! EasyPour  
**QUAKER OATS**  
OLD FASHIONED

**NATURE VALLEY**  
CRUNCHY  
GRANOLA BARS  
OATS 'N HONEY

**QUAKER**  
Natural  
**GRANOLA**  
Oats, Honey & Raisins

Contains **22** Packets  
**Garden of Eatin'**  
Breakfast  
ESSENTIALS  
RICH MILK CHOCOLATE

**Bisquick**

**Whole Grain**  
SPAGHETTI

**Hunt's**  
DICED  
TOMATOES

**365**  
LIGHT  
COCONUT MILK

**Starkis**  
CHICKPEAS

NET. WT. 6 OZ. (170g)  
NET. WT. 5 OZ. (142g)

**CERTO**

**grape-nuts**

**Great Northern**

**Great Northern**

**Great Northern**

**GOVA** Great Northern

**Great Northern**

**Great Northern**

**Great Northern**



# Living a Healthy Lifestyle

Through

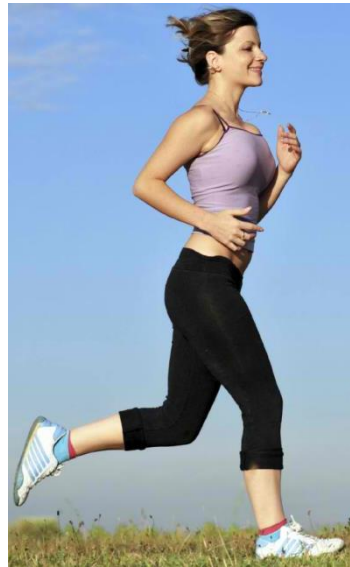
*Juice* PLUS+  
**T**RANSFORMATION

**SIX WEEK JUMP START**

# Week 1



# Weeks 2 - 5



# Week 6

## DAILY

**One Juice Plus+ Complete Shake**

**2 healthy meals**

**Juice Plus+ Trio**

**2 healthy snacks**

**Water**

**Exercise**

**Good night sleep**





# Healthy Lifestyle Maintenance

## Week 7 for Life



**One Complete shake a day or every other day.**

**Continue to eat clean, drink water & exercise.**

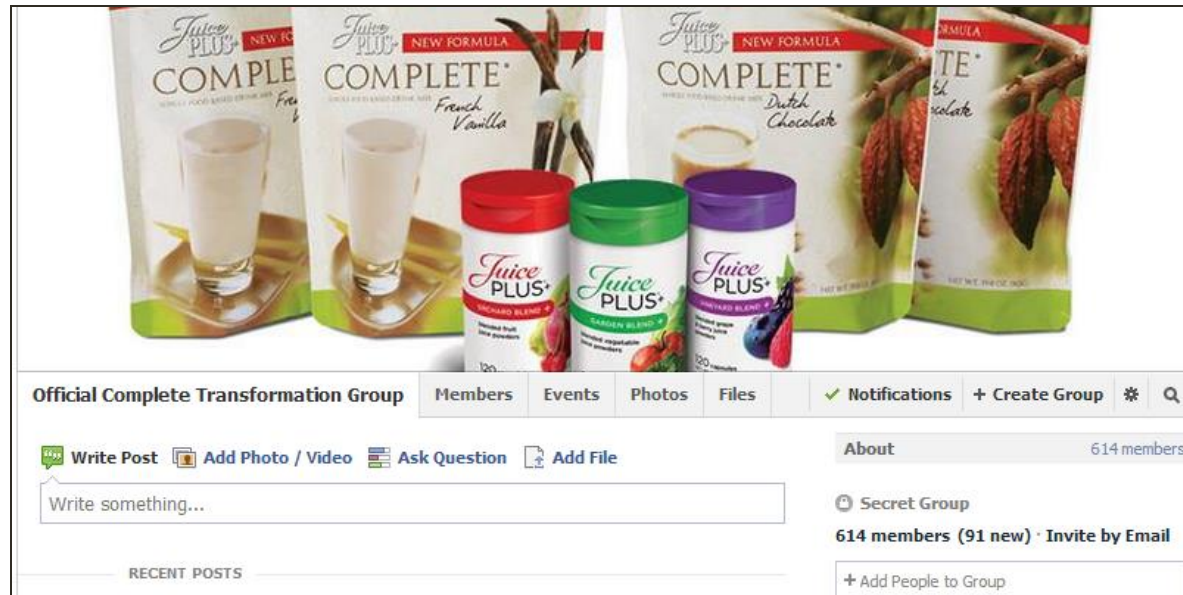
**Take Juice Plus+ Trio.**

# Transformation Support


## Guide to Juice Plus+ Transformation Shake Recipe Book

## Private Facebook Group


- Support & Encouragement
- Questions Answered
- Coaching



*"Let food be thy medicine and medicine be thy food." Hippocrates*



**~ Complete Transformation ~**  
An Amazing Journey to Your Best Health




Are you ready to make a non-radical leap to OPTIMUM health?  
Ready to achieve your ideal weight?  
Are you prepared to drastically change your body on a cellular level?  
Ready for some simple solutions for healthy/clean living?

*Your 6-Week Roadmap to Vibrant Living!*

Powered by Juice Plus+

JUICE+  
COMPLETE



SMOOTHIES & MORE

# Juice Plus+ Complete Ingredients

**Low Processed, non-GMO Soy Protein**

**Chickpea Powder**

**Pea Protein**

**Tofu Powder**

**Rice Protein**

**Insoluble and soluble fibers**

**Amino Acid blend**

**Complete Mineral blend**

**Enzyme Blend**

**Spirulina Powder**

**Yucca Powder**

**Pomegranate Powder**

**Pumpkin Powder**

***Sprouted:***

**Broccoli**

**Alfalfa**

**Radish**

***Ancient Grains:***

**Organic Amaranth**

**Organic Quinoa**

**Organic Millet**



# Juice Plus+ Trio Ingredients



**Apple**  
**Orange**  
**Pineapple**  
**Papaya**  
**Cranberry**  
**Peach**  
**Cherry**

**Spinach**  
**Kale**  
**Broccoli**  
**Cabbage**  
**Parsley**  
**Tomato**  
**Carrots**  
**Beets**

**Blueberry**  
**Blackberry**  
**Billberry**  
**Raspberry**  
**Elderberry**  
**Grape**  
**Cranberry**  
**Ginger Root**  
**Red Currant**  
**Artichoke**  
**Green Tea**  
**Co-enzyme Q10**

# The Cost to Jumpstart your Health



\$4.23/day

Cost spread out  
over 4 months



# Redirecting your Spending



2 Meals  
25 Fruits,  
Veggies  
Berries  
Grapes

v

Asian Rice Bowl \$8.95



\$4.23/day

**\$18.40**



Hamburger, fries  
& soda = \$9.45



# Juice PLUS+ Transformation

## What to Expect over Time...

healthy weight – improved immunity – better digestion  
better sleep – fewer allergies – more energy  
healthier hair, skin, nails and gums  
healthier DNA (yes DNA!)  
improved circulation and heart health  
peak athletic performance and recovery  
reduced systemic inflammation  
stronger anti-oxidant defense system  
optimal mental, emotional and physical health



# What is YOUR Health Worth?

