



JUICE PLUS+®

# EXPERIENCE SURVEY

Please respond to the following questions regarding YOUR personal Juice Plus+® experience. Thank you for completing the experience survey.

HAVE YOU NOTICED:

YES   NO   N/A

- Drinking more water?
- Eating more fruits and vegetables?
- Doing more exercise?
- Eating less sugar?
- Drinking less soft drinks?
- Cooking fresh meals at home?
- Snacking less?
- An improvement in the quality of your sleep?
- Eating less fast food?
- An increase in your energy level?
- An increase in the amount of time you're able to work out?
- An increase in the quality of your workout?
- Any weight loss (if you decided to lose weight)?
- An improvement in your general sense of well-being?
- A decrease in your feelings of stress?
- An improvement in your positive mental outlook?
- Any other changes you have made with "One Simple Change?"

If yes, which ones?

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CUSTOMER NAME