

A man with dark hair and a light beard, wearing a grey t-shirt, and a woman with long blonde hair, wearing a white lace top, are standing back-to-back and smiling. The background is plain white.

*Juice* PLUS+  
**COMPLETE**

It's your life. Make it  
**COMPLETE.**

# Balance your life with Juice Plus+ COMPLETE<sup>®</sup>

+ PROTEIN + FIBER + OMEGA-3s + VEGAN + GLUTEN-FREE + NON-DAIRY + LOW-GLYCEMIC

We all try hard to lead a balanced life. But that seems harder and harder to do.

We work hard, but we like to play hard, too. We're constantly trying to balance our jobs or schoolwork – or both – with other responsibilities, including family. And somewhere between couch potato and gym rat, there's got to be a happy middle ground.

Eating right is perhaps the most difficult balancing act of all. It's the most important one, too, because it affects how we feel, and how well-equipped we are to bring balance to other aspects of our life.

*That's where Juice Plus+ Complete<sup>®</sup> comes in. It helps keep your life in balance by helping you keep your diet in balance. It replaces empty calories with healthy ones – anytime, anywhere – so that you look better, feel better, live better.*

## More nutrition. Fewer empty calories.

### Juice Plus+ Complete<sup>®</sup> Bars



#### Always all-natural

No preservatives,  
no artificial anything

#### Excellent Omega-3s

Flax and chia,  
the best sources of  
ALA Omega-3s

#### Flavors you crave

Spiced Apple + Raisin  
and Wholesome Grains  
+ Cranberries

### Juice Plus+ Complete<sup>®</sup> Shakes



#### Whole ingredients

100% natural,  
plant-based foods

#### Protein-packed

Water-washed soy,  
chickpeas, tofu,  
and more

#### Two delicious flavors

French Vanilla and  
Dutch Chocolate

# Balance your life. Be at your best.

So you can stay healthy, happy,  
and whole.



Replace empty calories with  
healthy calories.

Whip up a shake in a minute or two, in place  
of fat-and-sugar-heavy processed foods.

Grab a bar to eat on the go, instead of  
stopping at that drive-thru window.

To learn more about Juice Plus+ Complete®,  
talk to your Juice Plus+® representative.