

We have many customers with kidney issues taking Juice Plus+.

The recommended adult dose of Juice Plus+, two Orchard capsules and two Garden capsules will provide no more than 45 milligrams of potassium and no more than 20 milligrams of phosphorus (measured as elemental phosphorus). Two Vineyard capsules will add approximately 30 mg of potassium.

If you are under the care of a physician, we recommend getting his or her approval before taking Juice Plus+.

Please realize that the levels we are speaking of are extremely low; to put this in perspective, the recommended intake of potassium (in a healthy individual of course) is 3,500 mg a day.

Best regards,

Carlos F. Madero | Director, Quality and Technical Support
140 Crescent Drive, Collierville, TN 38017 USA
P 901.850.2885 • F 901.850.3055
Dr.Madero@JuicePlus.com
www.JuicePlus.com