


## Older Child participation in folding and cutting the book:

ND Mini book is a two sided 8.5 x 11 document. When printed, page 1 will be located on the back of the ND Cover. Keeping the ND Cover in the right hand corner at all times, fold three times as shown below. Cut along folds on the top and right sides ONLY! DO NOT CUT left fold (backbone). Open book to center page (Word Search) and staple on fold.


### WORD SEARCH

Great detectives recognize nutritious foods and make them an important part of their daily diets.

V P A T F I G S T B J	APPLES	TOMATOES
G E M O R A N G E R A	ORANGE	OATS
O A G S U C A R R O T	PEACHES	RICE
D C L E I L O V E C O	CARROT	VEGETABLES
H H P L T O A T S C M	PARSLEY	FRUITS
C E A P S A V F R O A	BEETS	PEAS
A S R P N Q B S I L T	KALE	FIGS
N F S A T G E L C I O	BROCCOLI	NUTS
I F L K A L E R E M E	SPINACH	
P P E A S H T B W S S		
S C Y N U T S J A M I		
J U I C E P L U S + A		



### GET CLUED IN... ...TO HEALTH!



**CLUE #3**

Developed by:  
Dr. David Katz, MD  
Yale University &  
Catherine Katz, Ph.D.

Sponsored by:  
*Juice PLUS*

Developed by Drs. David & Catherine Katz, to teach children how to read nutrition labels, what to look for, and how to select the most nutritious foods.

This information is available through an unrestricted educational grant from *Juice PLUS*.  
Developer of a whole food concentrate containing 17 fruits, vegetables & grains. To learn more about how your child (age 6-15) can get 17 fruits & veggies everyday for FREE.


Please contact:

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## Pre-Assemble books before demonstration:

ND Mini book is a two sided 8.5 x 11 document. When printed, page 1 will be located on the back of the ND Cover. Using a paper cutter or scissors, cut page into fourths, as indicated by cut lines below. Assemble the booklet as shown below, and fold. Open book to center page (Word Search) and staple on fold.

### CLUE #3

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### CLUE #2

### GET CLUED IN... ...TO HEALTH!



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Dr. David Katz, MD  
Yale University &  
Catherine Katz, Ph.D.

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S C Y N U T S J A M I		
J U I C E P L U S + A		



Stack pages as shown here.

TOGETHER WE CAN MAKE A DIFFERENCE.



(Rev. 016 JM)